



WE ARE THE POSSIBLE

Workshop

with Gail Langstroth - International Eurythmist Poet Lecturer

I choose a line from Maya Angelou's poem "A Brave and Startling Truth" as the title for our second College Park Eurythmy Encounter.

Friday, June 10, 2022: 7 – 9 PM Introduction and beginning workshop

Saturday, June 11, 2022: 10 AM – 12:30 PM and 3 – 5 PM Movement workshops

We will begin with an in-depth look at the indications Rudolf Steiner gave for the three vowel sounds: **I** (as in "see"), **A** (as in "father"), **O** (as in "behold"). Then with poems and texts by Friedrich Schiller, Carl Sandburg, Wendell Berry, Juan Ramón Jiménez we will find our way into the three movement qualities for our soul capacities: Thinking, Feeling, and Willing. Let's roll up our pant legs, brush the cobwebs away, take our phones and loose change out of our pockets . . .

Let's **DISCOVER, AWAKEN, and CELEBRATE:**

Our Possibility, Our Potential, Our **I**, Our **A**, Our **O**!

Once again no previous knowledge is necessary. We want to open ourselves both as individuals and as a group to the gifts that Eurythmy can bring.

Bring eurythmy slippers or soft soled shoes, a notebook and pen/pencil.

Donation: \$150 for entire workshop. Friday evening: \$30, Saturday sessions: \$120, a healthy lunch included. Please RSVP by Wednesday, June 8, 2022.

Sign up/questions, please contact Yuka Taylor at yuka.taylor@gmail.com, (703) 340-9564

Do not let lack of funds keep you from attending if you want to take part.

All events at The Christian Community Parish House, 4221 Metzert Rd., College Park, MD